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**JULIA  COOK**

MOTIVATIONAL SPEAKER  
& CHILDREN'S BOOK AUTHOR

MEDIA KIT

# Meet Julia Cook!

MOTIVATIONAL SPEAKER & CHILDREN'S BOOK AUTHOR

Julia is nationally recognized as an award-winning children's book author and parenting expert. Her books have been referenced in such publications as *Parent's Magazine*, *The New Yorker*, *Green Child Magazine*, *The Huffington Post*, *The Chicago Tribune*, *Yahoo.com*, *DrLaura.com* and *BabyZone.com*. She has also been featured on CNN's HLN News and local news shows in many major metropolitan areas.

Born and raised in Salt Lake City, Julia became actively involved in teaching children how to ski, an experience that led to a love of teaching in general. Her Master's degree is in Elementary School Counseling. While serving as a professional school counselor, Julia often used children's books to enhance her classroom lessons.

Julia lives in Fremont, Nebraska.



# The Presentations



## POPULAR TOPICS

- ✓ Celebrating & Appreciating Differences
- ✓ Improving Relationships with Others
- ✓ Controlling Impulsive Behavior
- ✓ Dealing with Anxiety & Stress
- ✓ Coping with Depression
- ✓ Handling Peer Pressure
- ✓ Listening & Following Instructions

AS SEEN ON

**NBC  
News**

HEADLINE  
NEWS

**The New  
Yorker**

LOS ANGELES  
TIMES

**Home  
& Family**

## Testimonials

“

*Thank you for sharing your amazing talents with our students, teachers and parents. You have a true gift!”*

*--Laurel*

“

*Julia Cook's unique ability to enter the worldview of children thru literature is impeccable! She is a difference maker in our world.”*

*--Kim*



# The Children's Books



Julia wants all children to have the ability to become life-long problem solvers. Her books serve as a vehicle to convey “great people skills” into the minds of all who read them.

## BOOK AWARDS

### AEP Distinguished Achievement Award

- *My Mouth is a Volcano*

### National Parenting Center's SEAL of Approval

- *I Want to Be the Only Dog*
- *The Worst Day of My Life EVER!*
- *I Just Don't Like the Sound of NO!*

### Teacher's Choice Award

- *Uniquely Wired*

### MOM's Choice Awards

- *Making Friends Is an Art!*
- *Table Talk*
- *Tease Monster*
- *Cliques Just Don't Make Cents*
- *Hygiene... You Stink*
- *Peer Pressure Gauge*
- *I Want to Be the Only Dog!*
- *The Worst Day of My Life, Ever!*
- *I Just Don't Like the Sound of NO!*
- *Teamwork Isn't My Thing, and I ... Share*
- *Sorry, I Forgot to Ask!*

## STATISTICS

**3 million+**

Books Sold

**90+**

Children's Book Titles in Print

**20+**

Activity Books in Print

**3000+**

School Visits Since 2006

**9**

Translated Languages



## JULIA'S BOOKS ARE PUBLISHED BY

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- National Center for Youth Issues (NCYI)
- Boys Town Press
- SourceBooks (forthcoming 2024)

## UPCOMING TITLES IN 2024

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- *I Am Money and I Don't Grow on Trees* (January)
- *Awesome Dawson has Big Emotions* (March)
- *I Got This! Because I Have BOUNCE-BACK SUPER POWERS!* (August)

## RECENT RELEASES

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- *Schnauzer's Trousers*
- *Awesome Dawson, It's Not Your Turn!*
- *Herman Jiggle, It's RECESS, Not RESTRESS!*



## GET IN TOUCH

Julia Cook is available for speaking engagements, as well as interviews for podcasts, magazine, blogs, and social media.



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[www.juliacookonline.com](http://www.juliacookonline.com)



[www.juliacookonline.com/news](http://www.juliacookonline.com/news)

Julia

# Quick Facts

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## BACKGROUND

### Salt Lake City, Utah

Born and Raised

### Ski Instructor

First Job

### University of Utah

B.S. - Elementary Education

### Wayne State University

M.S. - Elementary School Counseling

### Fremont, Nebraska

Current Home Town

### Accordion & Unicycle

Plays One & Rides One...  
At The Same Time!